

2016 Recovery Run 5k - 10/9/2016 12:13:30 PM

Clifton Middle School, Covington, VA

OVERALL

Mixed 5000 Meter Run

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Name	Group	Age	Hometown	Time
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Women

1 Anna Swenty	F 30-39	35 ,		25:40.97
2 Maggie Thompson	F 13-19	15 ,		26:18.10
3 Sonia Colaw	F 40-49	43 ,		29:59.83

Men

1 Jordan McPeek	M 13-19	15 ,		19:52.33
2 Matt Swenty	M 30-39	37 ,		22:01.35
3 Patrick McPeek	M 40-49	49 ,		23:06.90

12 & UNDER

Mixed 5000 Meter Run

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Name	Group	Age	Hometown	Time
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Men

1 Conner McPeek	M 12 & Un	11 ,		25:24.14
2 Rilee Webb	M 12 & Un	9 ,		30:39.13
3 Eli Persinger	M 12 & Un	9 ,		30:52.37
4 Chase Windsor	M 12 & Un	8 ,		30:56.19

20-29

Mixed 5000 Meter Run

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Name	Group	Age	Hometown	Time
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Women

1 Mary Umstead	F 20-29	23 ,		30:58.10
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30-39

Mixed 5000 Meter Run

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Name	Group	Age	Hometown	Time
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Women

1	Amanda Siebenkittel	F 30-39	34 ,	32:00.92
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Men

1	Robert Bates	M 30-39	33 ,	25:10.92
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2	Eric Swann	M 30-39	30 ,	27:04.79
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40-49

Mixed 5000 Meter Run
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Name	Group	Age	Hometown	Time
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Women

1	Lisa Jonas	F 40-49	40 ,	31:01.84
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2	Tara Craft	F 40-49	44 ,	32:34.11
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3	Jeannie Thompson	F 40-49	43 ,	52:03.91
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Men

1	Scott Jennings	M 40-49	41 ,	24:18.65
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2	Burton Craft	M 40-49	42 ,	28:25.79
3	Ron Willimson	M 40-49	48 ,	35:20.87

60 & OVER

Mixed 5000 Meter Run

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Name	Group	Age	Hometown	Time
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Men

1	Brian Swenty	M 60 & Ov	62 ,	31:02.73
2	Lynn Wright	M 60 & Ov	61 ,	35:22.51