

Infant & Toddler Connection of the Allegheny Highlands

FAMILY NEWSLETTER

Infant & Toddler Connection of the Allegheny Highlands
543 Church Street, Clifton Forge, VA 24426
(540) 863-1620

Summer, 2021

Summertime Adventures

- 1 – Pack a picnic. Take along a favorite snacks, drink and a blanket. The picnic can be in a local park or in your own yard. Either way, it will be fun for you child to feel grass on their feet, listen to birds sing or watch other children play.
- 2 – Water, water, water. Bring out the pots and pans and fill them with water on the porch or yard. Put a floating toy or two into the mix.
- 3 – Sidewalk chalk comes in thin and thick sizes, and all you need is a walkway. Take turns drawing lines, simple shapes, or just scribble together.
- 4 – Create an outdoor obstacle course. Buckets, boxes, a spray hose, or any other items that you feel is safe enough for your little one to scramble over or around. You can lead, or follow. Either way, you'll all have fun.

Besides having a good time, you'll encourage your child's development by talking about what you are doing, what you are seeing, hearing and smelling.



<https://www.facebook.com/AlleghanyHi>

Lake Moomaw – <https://www.facebook.com/Lake-Moomaw-279419548755324/>

Douthat State Park -
<https://www.facebook.com/vaspdouthat/>



Llama Llama, Momma, Poppa in their jammies
No sox, no shoes, no problem! We'll serve you. It's . . .

KurbSide for Kids!

On Thursdays (beginning July 1)

- A. Momma, Poppa, get a library card, by phone even.
- B. Call Monday through Wednesday to give child's name, age, and the kind of books they'd like. (See the next page for awesome book suggestions)
- C. We'll check out 5 books (or more) to you, bag, and name tag them.
- D. You drive by on Thursday, call 863-2519, and we'll deliver them to your car. Loan time is 4 weeks.

Your child can participate in the Summer Reading Program if they want.

And if pre-k, they can enter 1,000 books before Kindergarten program.



The Allegheny Highlands Healthy Youth Coalition and the Allegheny Highlands Community Services are sponsoring the

Covington Lumberjacks Baseball Game

On July 21, 2021 -- 7pm at Casey Field



We will be giving away lots of:

- medication lock boxes
- prevention goodies
- t-shirts
- firearm safety devices



NEW PATH

New Path is a family support network to guide you on this new journey to help your child(ren) meet their developmental milestones. At times, this journey can become overwhelming but we are here to help. New Path is here to provide you with individualized resources and support that may improve your family's quality of life.

Getting children started in Early Intervention is an important key to help your baby reach their milestones. Support and resources for the parents/guardian is as important to ensure continued well being during your journey. New Path will guide you as your child moves through Early Intervention and transitions to the next steps of their life

Our Mission is to help those in need. New Path builds on families' commitment to learn and connect by providing support and resources. We strive to assist families in order to empower them to be the best teacher for their child. We invite you to come join us as you begin your New Path

New Path covers the entire state of Virginia. Our office is located in Richmond, we are available to talk, email or text at any time. If you are thinking of moving to Virginia and need more information about supports and services available then please do not hesitate to reach out.

<https://www.thearcova-newpath.com/>

<https://www.facebook.com/newpathEI/?fref=ts>

COVID-19 Vaccine availability:

Walmart – walk in or by appointment – 962-6675 – to schedule a vaccine appointment:

<https://www.walmart.com/cp/flu-shots-immunizations/1228302>

CVS – walk in or by appointment – 1017 Craig Avenue, Covington - 962-3951

1610 Main Street, Clifton Forge – 862-4223

To schedule a vaccine appointment: <https://www.cvs.com/immunizations/covid-19-vaccine>

Alleghany Family Pharmacy – walk in or by appointment - 1117 S. Craig Avenue, Covington - 965-2160

Kroger Pharmacy – by appointment - 1618 Main Street, Clifton Forge - 863-0071

- schedule a vaccine appointment: <https://www.kroger.com/rx/covid-eligibility>

What Your Service Coordinator Can Do For You

Your service coordinator is your family's guide through the early intervention system. The following are examples of ways that your service coordinator may assist you and your family:

1. Help you understand your rights
2. Help you to access information about community resources and activities
3. Support relationships between your child and other children
4. Support relationships between family members and community support
5. Communicate with providers
6. Assist with other family needs

If you have any questions or concerns, don't hesitate to reach out to your service coordinator, Beth, Mary Ellen or Melissa.