



Employee Newsletter

Volume 9, Issue 1

November & December 2021



The Clinic

Brandi Long
Brenda Via
Kimberely Garrison
Sonya Howell

Friendship

William Morgan
Samantha Washington
Courtney Washington

New Beginnings

Michael Vint

Merryfield

Erica Ward-Beard



DATES TO REMEMBER



TOVA Full Day:

01/21/2022
02/18/2022
03/11/2022

TOVA Refresher:

01/14/2022
02/11/2022
03/18/2022

CPR/FIRST AID:

01/13/2022
02/07/2022
03/10/2022

Medication Management

32 Hour:

01/24/2022
03/21/2022
05/23/2022

Management Overview &

Refresher:

01/11/2022
02/08/2022
03/15/2022

Pay Dates:

01/14/2022
01/28/2022
02/11/2022
02/25/2022



December

Patricia Clark
Amy Haymaker
Katherine Lewis
Gordon Reynolds
Heidi Via
Robert Lawson
Denise Samuels
Lee Nichols
Katherine Johnson
Sonya Howell
Tracy Crawford

January

David Crandall
Lorie Byer
Samantha Washington
Stephanie Hepler
Brandi Long
Sarah Schmitt
Kaitlin Bradley
Tina Martin
Rosalind Coles
Suzanne Horn
Betty Walton
Jennifer Jarvis
Ingrid Barber
Robert Lawhorne
Teresa Ayers
Jamie Ward
Sara Royer
Constance McCulley
Mikayla Miller
Jessica Freeman



"In-Home Services partners with Occam's Mills"

Adam Mullikin has been taking classes at Occam's Mill through the Clifton Forge School of Arts in Clifton Forge. In-Home services has supported him with attending his weekly sessions, following through and keeping commitments. Adam is very creative and likes to draw animation. His first project was a one dimensional hand-drawn picture. He drew the picture and processed it through vCarve CAD (Computer Assisted Drawing) software. The CAD files were then sent to a CNC (Computer Numerical Control) table-router that cut the picture out in one piece from 1/4-inch-thick plywood and Adam then painted his wooden picture. Adam's second project was a 3 dimensional picture he drew, converted to a CNC tool path with CAD software and sent it through the CNC machine. The CNC machine cut the picture in 3 dimensional pieces. Adam then painted each layer of his wooden figure and stacked them accordingly to complete his artwork.



Life Skills

In December, members burned their "2021 worries" to start the New Year off fresh!



**MH/SUD CLINIC
CELEBRATED THE
HOLIDAYS WITH A FUN
VIRTUAL BABY
GUESSING GAME AND
SOCK EXCHANGE**



In December, the DS Admin office wore their suicide prevention shirts and hosted a "Giving Tree". There are many individuals that receive Developmental Services from AHCS that do not have a family to spend the holidays with or receive any holiday gifts. The goal was for them to receive something that they NEED and something that they may WANT or ENJOY.



Christmas Door Decorating Contest



Thanks to everyone that participated in the door decorating contest! It was a tough decision to select the winner. They were all very festive and beautiful.

Congratulations to Merryfield Residence for their Gingerbread Theme.



Clubhouse

In November, a great feast for thanksgiving was planned, cooked, and enjoyed on the 30th, and each member got to make their own personal pumpkin pie. We have made several fun crafts for the holiday season including snow globes, holiday cards to send to local nursing homes, ginger bread house, holiday ornaments, and making snowflakes.



In December, clubhouse members took part in ugly sweater day, pajama day, holiday karaoke, and making New Year's goals.



In January, the members will begin building their own recovery plan, this will be for them to refer to when they are going through a rough time!

A Valentine's party and Super Bowl party are in the works for February!



Friendship Residence Bathroom/Laundry Room Addition and Renovation



Mental Health Clinic Annex





Jacky Cook

Jacky has been willing to work full-time at Friendship for the past 3-4 months since the program has been short-staffed. She jumps in where needed to make sure things get done. Jacky maintains a positive attitude and wants to be used where she is needed the most. She was also willing to work 12-hour shifts on Christmas Eve and Christmas day.

Lorie Byer

Lorie temporarily left her job at Life Skills to work full time at Friendship. She keeps everyone informed of the needs of the residents as well as the program so the issues can be resolved promptly. Lorie has been willing to work overtime and long hours so that the residents are provided the support needed.

Rachel Myers

AHCS received this nice note about Rachel Myers from a DBHDS licensing investigator:

"I just wanted to send a note saying what a good job one of your Case Managers did for an individual. Rachel Myers, QDDP went above and beyond for the individual. Not only did she assist and advocate for the individual, but she also maintained excellent documentation of all of the steps she took. I realize from reading the records, the individual had a very limited support system and she really went above and beyond to assist. I realize that a Case Manager's ability to assist others is often hindered by the case load, time, and many other things. However, she really went above and beyond. I just wanted to recognize her hard work, and a job well done."

Way to go Rachel!

Jada Callender

AHCS received the following kudos email from social services regarding Jada Callender:

how much I appreciate all of her hard work on a case. She has exceeded all my expectations. She's the best." Woohoo, Jada!

Dr. Malak Iskandar

Dr. Iskandar is considerate of the client's needs at the agency. He works for AHCS one day per week providing psychiatry services on Tuesdays, as he practices in other locations the other days of the week. Dr. Iskandar proactively identifies days like a holiday that the agency will be closed and moves his schedule to be available for the agency on a different day of the week. This effort is appreciated so much!



2021 Service Award Recipients

30 Years

Rhonda Adams

25 Years

Tracy Crawford

20 Years

Leona Elson

Sonya Romanello

15 Years

Lisa Pritt

Amanda Webb

10 Years

Harry Bates

Kimberly Kurnath

5 Years

Tiffany Bowser

Lydia Hall

Jennifer Jarvis

Linda Southall

Crystal Homer

Anne Kinsey

Tina Martin

Teresa Hull

Congratulations to all the individuals above on your years of service to the Alleghany Highlands Community Services Board!



We were hopeful to celebrate in person but unfortunately were not able to do so!