FUNDING POSSIBILITIES

Self-Pay
Medicaid
Discharge Assistance Funds

OUR MISSION

Alleghany Highlands Community Services is committed to providing recovery-oriented, person-centered, community-based prevention, treatment, and inclusion services to enhance the quality of life for individuals of the Alleghany Highlands while working in collaboration with local stakeholders

CONTACT US
FOR ADDITIONAL INFORMATION

540-969-4445

Alleghany Highlands
Community Services

New Beginnings Residence

117 N Craig Ave
Covington, VA

www.ahcsb.org

Alleghany Highlands
COMMUNITY SERVICES

New Beginnings

A residential program that facilitates return to the community.

Alleghany Highlands

COMMUNITY SERVICES

Enhancing the quality of life, one individual at a time.

ABOUT US

New Beginnings provides residential care, structure and support to assist individuals discharging or diverting from state psychiatric facilities. The program helps with mastering daily activities and empowering individuals to maintain an appropriate level of functioning while working toward the goal of independence in the community.

OBJECTIVES

- Working collaboratively with individuals to transition out of state psychiatric facilities into the community.
- Preparing individuals to move from transitional housing into independent living.

There are opportunities for individuals to utilize New Beginnings for short-term transition while waiting for long-term placement.

New Beginnings also accepts passes for individuals to "try" the community environment.

WHO DO WE SERVE?

The CSB can accept individuals discharging from a state psychiatric facility or who meet the following diversion criteria.

In or nearing crisis and have had a state psychiatric stay in the last 12 months.

or

*be TDOd and waiting on a state psychiatric bed **and** may be diverted by supportive residential services.*

or

have had a private hospitalization in the last 12 months but had been identified on the state hospital waitlist at the time of that admission.

or

individual has been admitted to the state facility from jail and is identified to return to jail; however, could benefit from transitional housing. The need for transitional housing must be identified while hospitalized.

ADMISSIONS CRITERIA

- Individuals over the age of 18
- Individuals with diagnosed serious mental illness according to the DSM-5
- Individuals with a history of psychiatric hospitalization and difficulty with discharge planning
- Individuals transitioning out of a state psychiatric facility, including individuals on a 24- to 48-hour pass

COLLABORATIVE RECOVERY

- Working together to develop individualized treatment plans, focusing on each person's strengths, needs and preferences.
- Instruction and support in activities of daily living, including overnight supervision and medication management.
- Community education and awareness. Exposure to resources and opportunities for socialization.
- Implementing support for transitional services required to have meaningful activity during the day ranging from psychosocial rehabilitation, employment, volunteering or continued education.

ONSITE SERVICES PROVIDED

- Mental Health Support
- Skill Building
- Vocational Support
- Psychosocial Group Education